

**Cold Spring Harbor Schools**  
**Cold Spring Harbor JR. /SR. High School**  
**Office of the Director of Health, Physical Education and Athletics**  
**“A Commitment to Excellence”**

**Comments from the Athletic Director**

The 2013-2014 sports season has been very successful. This spring we still have teams competing and the JH season does not end until June 6th. All teams throughout the year have been very competitive and many team and individual accolades have been earned. A complete list of these honors will be posted on the website once the end of year compilation is done. We are very proud of our athletes, coaches and teams this year. The honors received have been individual county champions, conference and league champions, sportsmanship accolades and all varsity teams have been scholar athlete teams and our boys' lacrosse team was selected as the NYS Scholar Athlete team of 2014. Our coaches and athletes have high expectations and all work tirelessly to achieve greatness. Our student-athletes participation is outstanding. Overall for the school year we have 60% of the student population compete in interscholastic athletics. Growth and skill development has increased in all the Student-athletes high school and junior high due to high level instruction, a commitment to excellence, positive sportsmanship, and high standard of character.

A completed list and highlight information on the year in athletics will be posted on the district website and in an Athletic Newsletter by the end of June.

Special Thank you to the following people for making CSH Athletics a tradition of excellence and an environment of professionalism.

- Joe Amendolare and all the buildings and grounds crew
- Frank Channing and all the building custodial staff
- All the security guards for the countless hours at events
- Joe Servidio for his support and effort with all aspects to the athletic department
- Denise Vigilo for her organization and running of the athletic office
- Laura Agudo for her efforts in the afternoon hours of the athletic office
- All supervisors and timers throughout the year.
- Administration for their continued support
- Athletic Booster Club and parents for their support of the athletic program
- All coaches for all the time, effort and dedication that is put in to the program and the student-athletes

**Some important dates and information:**

- **White Medical Authorization cards for the FALL SPORTS are available to be picked up in the Nurses office and Athletic Office. All student athletes should pick up one of these cards before the end of the school year.**
- **Sports Physicals for Fall Sports**
  - **June 2<sup>nd</sup> at 7:45am**
  - **Location – Nurses Office**
  - **The physical will be valid for the entire 2014-2015 school year**
- **Sports Physicals for Fall Sports**
  - **August 18<sup>th</sup> at 8am**
  - **August 25<sup>th</sup> at 8am**
  - **Location – Nurses office**
- **Information about the fall sports season HS & JH will be sent out via email this summer.**
- **Varsity Girls Athletic Dinner – June 9<sup>th</sup> 2014 6:30pm at Crest Hollow Country Club**
- **Varsity Boys Athletic Dinner – June 16<sup>th</sup> 2014 6:30pm at Crest Hollow Country Club**
- **Dates for High School Fall Sports**
  - **Football begins – Monday August 18<sup>th</sup>**
  - **All other High School Sports begins Monday August 25<sup>th</sup>**
  - **Cheerleading begins Monday August 25<sup>th</sup>**

**Important: All High School Athletes must be present for practice and tryouts. The commitment of a High School Athlete, Varsity or JV is to be present, prepared and ready to work prior to the opening of school.**

**Cold Spring Harbor Athletics will be hosting 17 summer camps at the Jr/Sr High School. Please read below as registration is now open.**

**Seahawks Sports Camps – Registration has opened, please visit the website**

- **[seahawkssportscamps.myonlinecamp.com](http://seahawkssportscamps.myonlinecamp.com)**
- **17 sports camps, staffed by CSH Varsity Coaches**
  - **Basketball, Soccer, Track, Cheerleading, Softball, Baseball, Wrestling, Volleyball, Field Hockey, Football, Lacrosse, Gymnastics, & Tennis**
- **Mission – program development and skill development of our CSH athletes**

**“Today I will do what others won’t, so tomorrow I can accomplish what other’s can’t”**

**- Jerry Rice**